RIPPEDTIDE BIOLABS
DRIVEN BY RESEARCH. BUILT FOR TRANSFORMATION.

SUPER HUMAN BLEND

Nine targeted compounds. One integrated performance-support concept.

865 mg TOTAL

9 COMPOUNDS

FORMULA AT A GLANCE

L-Arginine	110 mg
L-Ornithine	110 mg
L-Citrulline	120 mg
L-Lysine	70 mg
L-Glutamine	40 mg
L-Proline	60 mg
L-Taurine	60 mg
L-Carnitine	220 mg
N-Acetylcysteine (NAC)	75 mg

Ingredient names standardized for spelling.

EVIDENCE REALITY CHECK

The ingredients have recognized physiological roles, but benefits cannot be assumed from the ingredient list alone. Many oral exercise studies use gram-level amounts, while this listed blend totals 865 mg. No clinical trial was identified for this exact nine-ingredient combination.

BEST WAY TO DESCRIBE IT

A multi-pathway amino-acid formula designed to support circulation, metabolism, tissue building blocks, antioxidant capacity, and cellular balance - without promising a specific clinical outcome.

1 CIRCULATION + TRAINING SUPPORT

Arginine and citrulline participate in nitric-oxide pathways that influence vascular tone and blood flow. Ornithine participates in the urea cycle, which helps process nitrogen generated during amino-acid metabolism.

2 CELLULAR ENERGY METABOLISM

Carnitine transports long-chain fatty acids into mitochondria for energy production. Human exercise studies are mixed, so this role should be described as metabolic support - not guaranteed fat loss, energy, or athletic performance.

3 RECOVERY + TISSUE BUILDING BLOCKS

Lysine and proline are used in structural proteins, including collagen. Glutamine carries nitrogen and fuels rapidly dividing cells. These are normal biological roles; the finished blend has not been shown to speed recovery or build muscle.

4 CELLULAR DEFENSE + FLUID BALANCE

NAC supplies cysteine used to make glutathione, an important intracellular antioxidant. Taurine supports cell-volume regulation and calcium handling. Evidence does not establish that this exact formula improves immunity or prevents disease.

IMPORTANT SAFETY NOTE

Route, sterility, purity, and intended use were not provided. Oral, compounded, and injectable products are not interchangeable. Do not inject or use a compounded product without licensed clinician and pharmacist oversight. Arginine/citrulline and NAC can affect blood pressure; NAC can interact with nitroglycerin, blood thinners, and blood-pressure medicines. Seek medical guidance during pregnancy, with kidney/liver disease, before surgery, or when taking prescription medication.

Educational summary - not medical advice. This exact blend has not been clinically validated to diagnose, treat, cure, or prevent disease.

Sources: NIH ODS Carnitine, Exercise Performance, and Immune Function fact sheets; PubMed systematic reviews on arginine/citrulline and taurine.